

Stericycle McCarran nearing completion

Stericycle McCarran will be a medical waste incineration facility once the finishing touches are completed. The operation will have two incinerators to burn medical waste like bandages or PPE as well as trace chemotherapy waste and sharp waste like needles and scalpels.

We partnered with Arco Construction Company out of Missouri, and have been working on Stericycle for more than a year now. We've been able to utilize our new laser screed to speed up the finishing process, but there's been a lot of blood, sweat and tears in this building!

Once all is said and done, this project stands to be one of the largest projects we've undertaken.



SEPTEMBER BIRTHDAYS
Cumpleaños de Septiembre

- Jay Lingenfelter
- Hector Fierros Estrada
- Shanna Kokosh
- Aiden Lucia
- Herminio Martinez
- Brian Beaston
- Christy Lattin
- Sergio Acevedo



WORK ANNIVERSARIES
Aniversarios de Trabajo

- | | |
|------------------------|---------|
| Alejandro Cervantez | 4 years |
| Jim Ishoy | 4 years |
| Miguel Angel Alejandro | 1 year |
| Fernando Gomez | 1 year |

More Reno Aces baseball game tickets awarded!

Francisco Macias Duran (left) is a relatively new employee; however, he hit the ground running and has been a wonderful addition to the team. He is incredibly hard-working and a very fast learner. We're glad to have you as part of the team!



David McIntosh (right) is our purchasing manager, shop manager, and takes care of our fleet by ensuring all trucks are serviced and equipped for our crews. Thanks for all you do to keep our crews running strong.



We are not a team because we work together.
WE ARE A TEAM because we
RESPECT, TRUST & CARE for each other.

CONSTRUCTION SUICIDE PREVENTION WEEK SEPTEMBER 4-8, 2023

The construction industry has a 2X higher rate of suicide.

Watch out for your fellow workers and yourself.

None of us are 2 Tuff 2 Talk. It takes all of us to prevent suicide. We must REMOVE the stigma of mental illness and the labels placed on men.

Yes...

- ...men can cry
- ...men can have feelings
- ...men can struggle
- ...men can have depression

You are NOT weak if you are hurting or struggling.

Please reach out.

You Are NOT Alone!!
You Are NOT 2 Tuff 2 Talk!!

SUICIDE HOTLINE:

Call 988 or 1-800-273-8255
Para español 1-888-628-9454
Text TALK to 741741

**ALWAYS REMEMBER:
YOU'RE BRAVER THAN
YOU BELIEVE, AND
STRONGER THAN YOU
SEEM, AND SMARTER
THAN YOU THINK.**

Recuerda que eres mejor de lo que crees, y más fuerte de lo que pareces, y más inteligente de lo que crees.

2 TUFF 2 TALK
Suicide Prevention in Construction

RECOGNIZE THE WARNING SIGNS:

Talking about:

- Wanting to die
- Guilt or shame
- Being a burden to others

Feeling:

- Empty, hopeless, trapped, or having no reason to live
- Extremely sad, agitated, or angry
- Unbearable emotional or physical pain



Behavior:

- Planning or researching ways to die; purchasing a gun
- Withdrawing from friends, family, or activities, saying goodbye, giving away possessions, or making a will
- Agitation or rage – increased conflict among co-workers
- Extreme mood swings
- Changes in personality or neglecting their appearance
- Taking dangerous risks, such as increased alcohol or drug use or driving recklessly
- Eating or sleeping more or less
- Increased tardiness and absenteeism from work

If someone you know is showing any of these signs, don't ignore them. Start a conversation. The best way to find out if a person is having suicidal thoughts is to ask directly.

Listen without judgement and express concern and support. Reassure them that help is available.

DO NOT tell someone to do it, debate the value of living, or argue that suicide is right or wrong.

NEVER promise to keep their thoughts about suicide a secret.

Encourage the person to see a mental health professional or help them locate a treatment facility.

If you believe someone is in immediate danger, call 911, take them to a nearby emergency room, or call the National Suicide Prevention Lifeline.

Stay in touch with them after a crisis to see how they are doing.

Call, text or chat

988

for the **NATIONAL SUICIDE PREVENTION LIFELINE.**

CONSTRUCTION SUICIDE PREVENTION WEEK
ConstructionSuicidePrevention.com